CLICK!

Choosing Love...One Frame at a Time

By Carl Studna

Foreword by Michael Bernard Beckwith





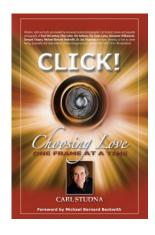
ISBN: 978-1-4019-4089-8

Language: English

Category: Personal Growth/Spiritual/Photography

Binding: Hardcover Number of Pages: 224

List Price: USA/CAN \$24.95, UK £15.99 In Stock/Order: Pre-order Available Publication Date: November 1, 2012



Wisdom, light and truth are revealed by renowned portrait photographer Carl Studna. Collected stories and his exquisite photographs of icons Paul McCartney, Elton John, His Holiness The Dalai Lama, Marianne Williamson, Deepak Chopra, Michael Bernard Beckwith, George Harrison and more, show us how to create loving, purposeful and heart-centered choices throughout each moment (the "click") of our life experience.

INCLUDES SHORT STORIES BY: Tom Robbins, Kathleen McGowan, Ram Dass, Dr. Joe Dispenza, Kenny Loggins, Cynthia James and others. Foreword by Michael Bernard Beckwith.

Studna uses the familiar example of having our picture taken as the ultimate barometer of where our attention is being placed in each moment of the CLICK – that essential choice point. This book is a masterful blend of the author's own personal stories with vulnerable, engaging essays from respected guest authors. Studna's tools, practices and his guest authors inspire us to create loving, purposeful and heart-centered choices throughout each moment of our life experience.

Carl Studna is a multifaceted photographer, videographer, author, spiritual counselor and lecturer. Carl's intimate portraits of influential people ranging from Paul McCartney to His Holiness The Dalai Lama are published worldwide. www.carlstudna.com

"Carl Studna has written a brilliant book about how to be fully present and fully self-loving in each moment of our lives." ~ Jack Canfield, co-creator of the Chicken Soup for the Soul stories

"One look at his stunning photos motivates the reader to know more and to savor the stories that accompany the visuals." ~ Lynne Twist, author, The Soul of Money

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Lisa Livingstone lisa@carlstudna.com (303) 271-0860 "In Click!, Carl pours a lifetime of brilliance into one beautiful and inspired book, allowing us a special glimpse into the heart and mind of the man behind the camera lens." ~ Katherine Woodward Thomas, founder and co-director, CallingintheOne.net

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